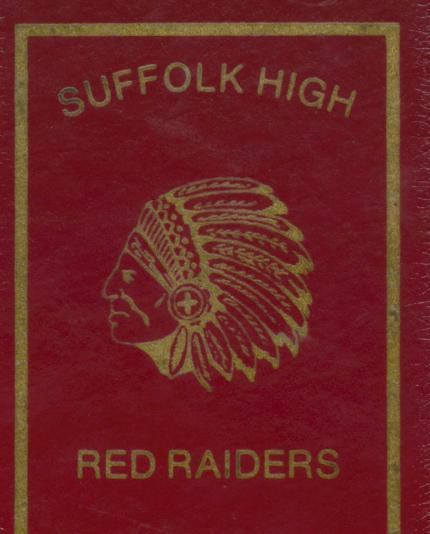
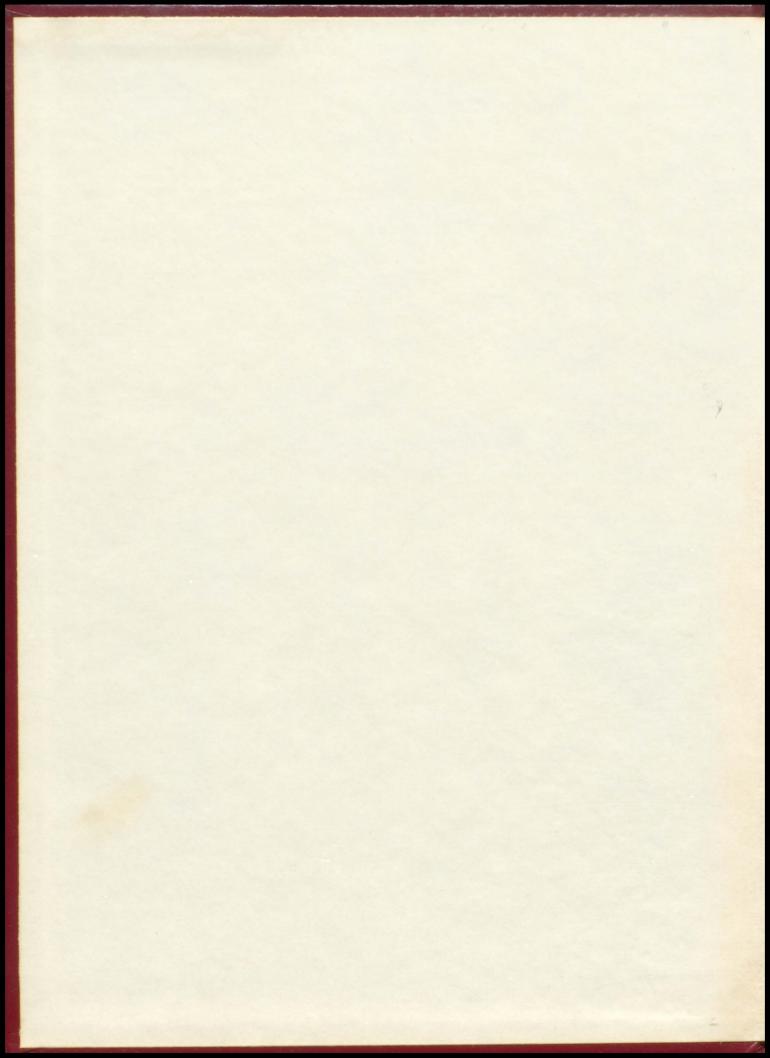
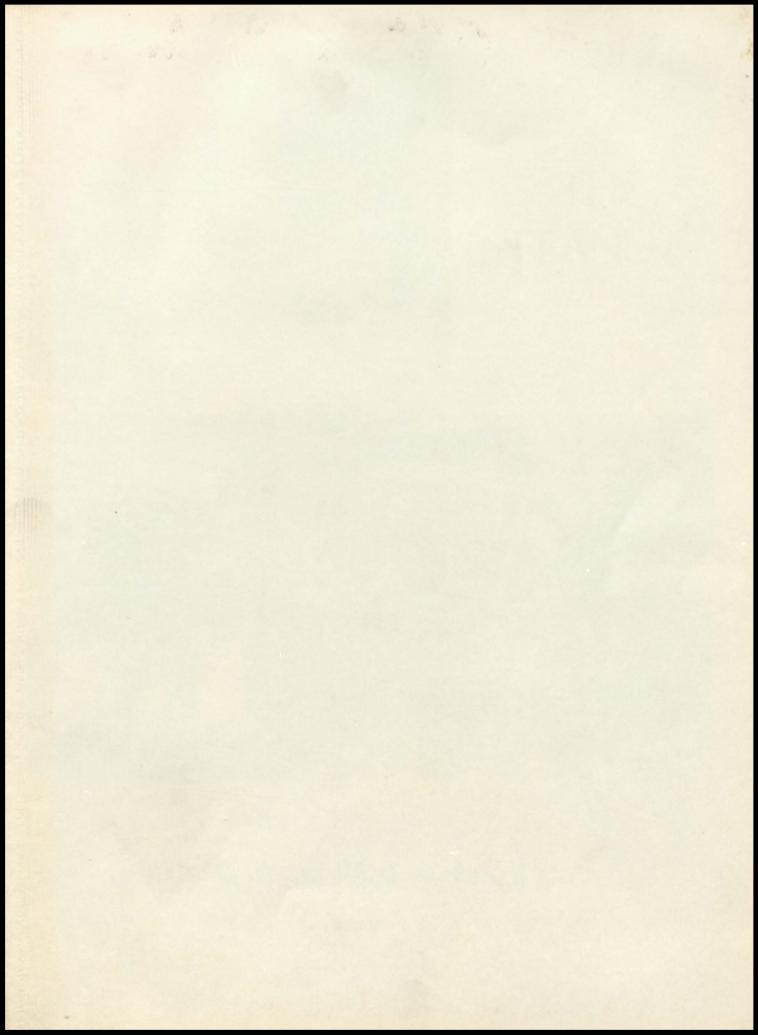
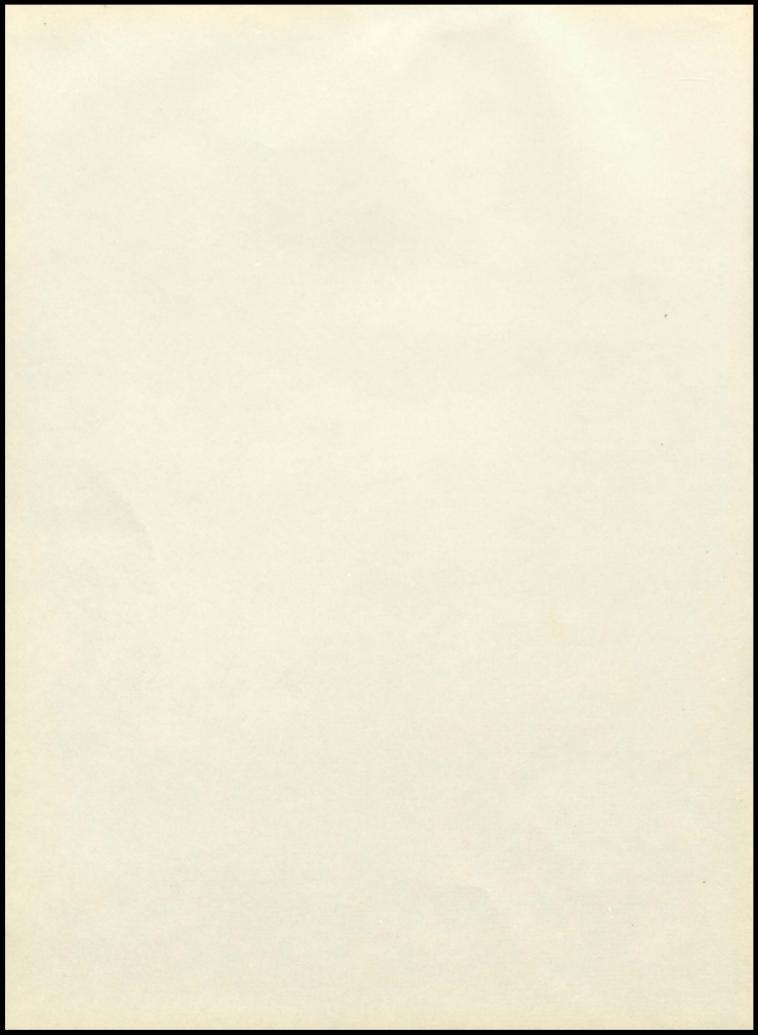
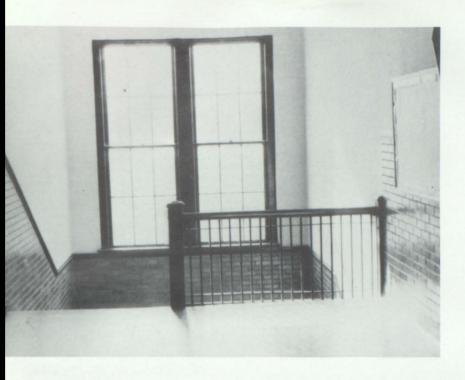
THE PEANUT











THE PEANUT



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Slice of Excitement									page 23
Extra Slice									
Slice of Support									



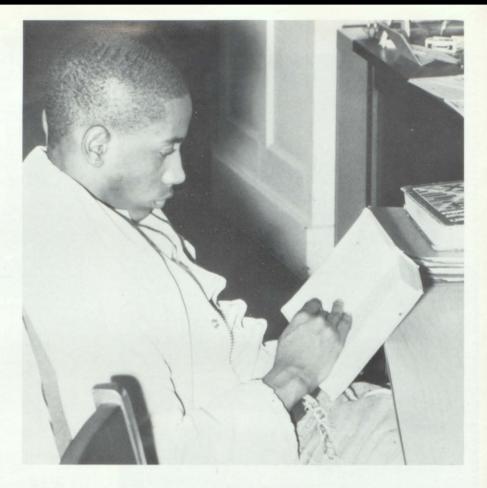


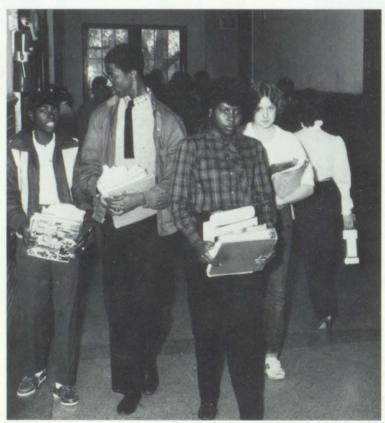














That Special



Slice!!

The Final Slice

Beth Bonita Arrington Lester Arrington

Tammy Silesia Baines Velma Lee Bess

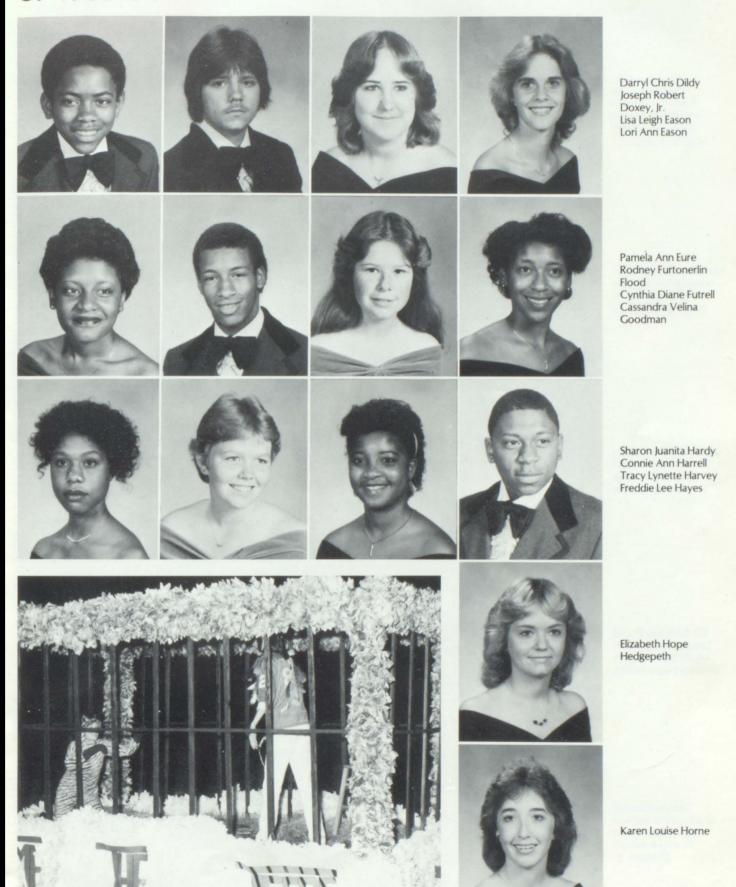
Carlton Maurice Bivins Chicquita Michelle Boone Russell Thomas Bradshaw Lisa Faye Branch

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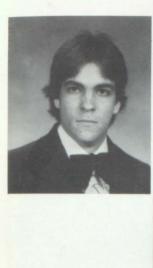
William Mackey Carr, Jr. Shirlene Teresa Claude Lisa Cheryl Cornett Angela Lynn Diggs



of 1983-84



Donald Jackson Tyson Curtis Jones Terri Diane Langston Kevin Ray Lassiter Marlon Leonard Lilley, Jr. Shawn Marie Maguire Jeffrey Harold Martin Jerry Dale McCreary Mary Kimberly Newton Lisa LaFaye Outlaw Sally Marie Parker Tonya Leticia Pitt Elizaberh Blair Powell Delores Anne Reeves Angela Reneé Riddick Amanda Louise Riddick Nathaniel Riddick Scotti Leigh Robertson Nancy Jane Russell Thomas Randolph Saunders, Jr.

















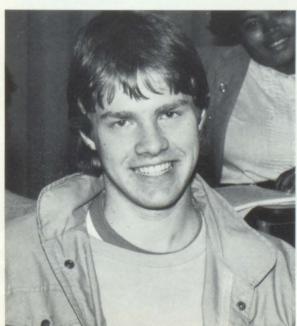
Mark Steven Winslow Jewell Lorraine Winborne Merrily Anne Wolf





Valerie Shae Worley Deborah Marie Wright

A Graduating Exchange



This year Kristian Sundman is our exchange student from Finland. He became interested in being an exchange student a couple of years ago. His sister and friends in Finland have been exchange students to the United States and enjoyed their stay here. So Kris decided to be an exchange student to the U.S.A.

Kris enjoys the sandy beaches in America because their beaches are not as sandy there. One American custom Kris does not like is eating hamburgers everyday. He says Americans eat too many of them. Kris has made many new friends and has enjoyed his stay in Virginia.

Juniors Have the Spirit . . .

With two years of experience behind them and only one more year to go, the class of '85' proved to be just as spirited as always.

During homecoming, even though their float, "Tomahawk the Tigers" came in third place, the Juniors won a sweeping victory in both the spirit link and the cheering contests.

All that spirit and hard work paid off, for in the end, the Junior class was named "Most Spirited."

The mass confusion of ordering class rings soon arrived. After yanking rings from Seniors, asking exciting questions, and filling out complicated forms, the Juniors crowded around the API office to ponder over their choice for the most awaited "class ring."

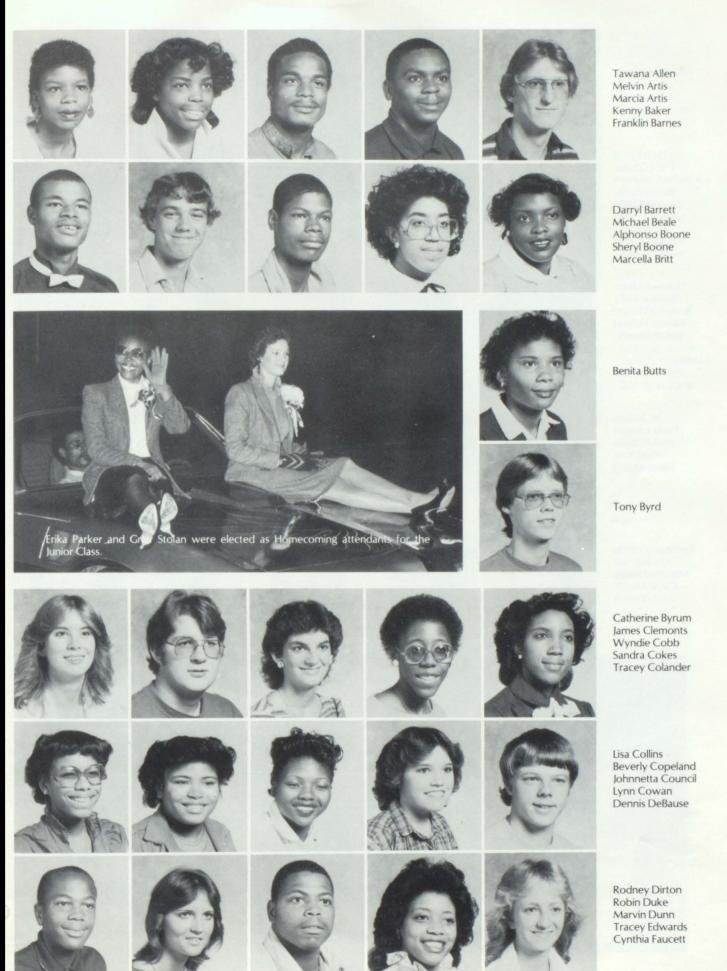
With the help of the sponsors, Mrs. Cavender, Mrs. Covington, Mrs. Reynolds, and Mr. Parker, money making projects were under way and proved to be quite successful. Money was desperately needed for the prom, and peddlers could easily be identified as Juniors.

Selling peanuts at home games, as well as concessions, candy sales, car washes, and jewelry sales were only a few of the projects contributed to the success of the prom.

The class officers for 1983-84 were president, Grier Stotlar; vice-president, Melvin Jackson; secretary, Melissa Holland; and treasurer, Wyndie Cobb.







... and More!

Lynn Futrell Carla Gautier Jeanette Goodwyn Bobby Hardy Rae Haton

Deborah Hayer Sherman Holly Bridgette Horton Melissa Holland

Melvin Jackson

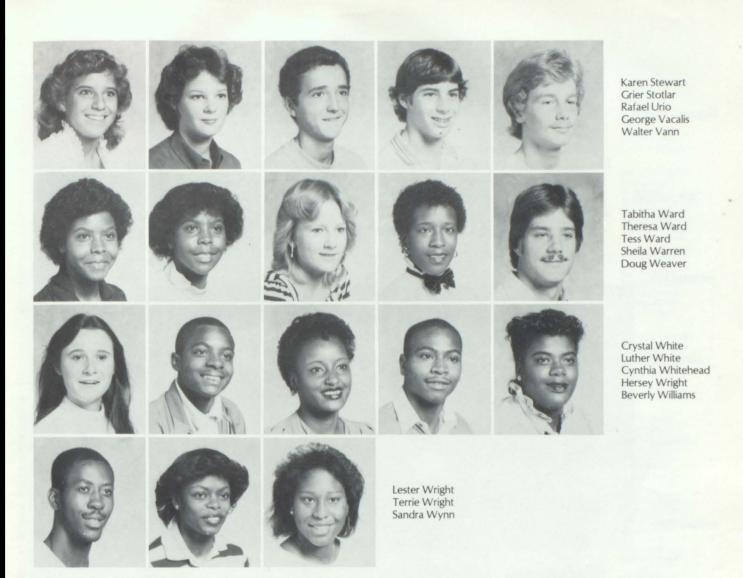
Bill Jenkins Paula Johnson Melvin Jones Alton King Tommy Long

Renee McDonald Kim Mitchell Marlene Mosley Calvin Myrick Linda Odom

Erika Parker Sara Parker Micheal Pope Sheila Porter William Powell

Michelle Raimondi Karen Sadler Greta Scott Charles Sizemore Elizabeth Stapleton





What an Exchange!

My name is Rafael Urio Rodriguez. Since I was a little child, I wanted to travel and visit foreign countries. I have been very lucky, because I have been able to visit several countries: Spain, France, Portugal, England, Ireland, North Africa and the United States. A year and a half ago, my father talked to me about going to the USA with a foreign exchange program and I thought the idea was great. My mother didn't like it at all. But here I am visiting the United States and I'm only 17 years old. I think this experience is great. I like Suffolk High School very much and all the people of the city.

When I go back to Madrid, I am going to miss all my new friends very much. Many people think an exchange program is a difficult experience. But for me, it hasn't been hard because I have adapted to the American ways of living very well. (I still don't like hamburgers.) It is going to be extremely hard when I will have to say goodbye to SHS and my friends. I am very pleased and happy with the people who have given me their friendship and their help during my stay. I want to say to the teachers, the students, and my friends . . .

Thank You For Everything



It Does Get Easier

Jacqueline Almond

Faye Arrington

As the spirited Sophomores proved, High School life does get easier and even more fun. This enthusiastic class proved their spirit during Homecoming week by continuing their first place win their float "Hols that Tiger." The sophomores also have a large representation on the cheering squads boosting school spirit at the games. The sophomores had to take the math competency tests and some took the PSAT's. So as the adjustments to high school life gets easier the work does get harder.













Adrienne Artis

Marcia Artis

Billy Asbell

Anthony Baker



Maxine Barnes Carlito Barrett Kevin Barrow Sandy Beale Korin Blair Faye Boone Kinnie Boone

Illya Boose Bobby Bowers Angela Bronner Paul Brown Patricia Colander Alfred Copeland Tony Copeland

Ricky Cornett Tracey Daniels Meredith Dunn Gail Eason Tracy Eure Bruce Everett Vickie Franklin

Nat Gaduyon Robert Gardner Kathy Goldsmith Herman Hampton Reneé Harcum T. Silvester Harden Amy Henry

> Melissa Henry Jennifer Higgs Tony Holland Tondra Holley Iris Howell Sharon Jennings Shelton Johnson





Freshmen Get Adjusted

On Aug. 26, the Friday before school started, the auditorium was filled with many excited freshmen. These students showed up for the orientation assembly, where they were introduced to the school and staff. Mr. Hill and Mr. lones familiarized new students with the school rules and regulations, as well as what to from the new school year. Mrs. Alwood also welcomed the new students to Suffolk High and introduced peer facilitators who then showed them to their homeroom classes.

Orientation day was a success although as always you

could easily pick freshmen from the crowd on the first day of school. High school life is guite different, as the freshmen soon found out. There were a great many adjustments to be made.

During homecoming week the freshmen got acquainted with flat beds, paints and napkins. Although their float "Cage the Tigers" came in fourth place they became more aware of what to do; and enjoyed Homecoming week just the same. The activities were new to them but they hung right in, and their school spirit has increased as the year progressed.

As you can see, these freshmen are really enthusiastic about Health class.



Vanessa Goodwyn Veronica Gall Amy Harvell



The Freshman Class officers for 1983-84 are, front, Lisa Smith, Vice President; Shannon Holly, President; back, Stephen Piddick, Treasurer; Tracy Hunter, Secretary.

The Executive Office

A new face appeared in the office this year which everyone recognized as the new principal, Mr. Hill.

One could always count on advice from Mr. Hill and of course Mr. Jones, assistant principal, when a problem arises.

The two smiling faces behind those desks piled with work were our secretaries, Mrs. Hobbs and Mrs. Jones. One could always count on a helping hand from them whether teacher or student while they maintained the office work with efficiency.

Mrs. Alwood, our guidance counselor, is always able to straighten out a schedule, lend a listening ear or give advice about the future in a helpful way.

Mrs. Williams, school bookkeeper, keeps classes and clubs in good financial shape.



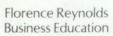




















Michelle Duncan Distributive Education

Lena Small Math









Sharon Rhodes Math



Mary N. Taylor Home Economics





Norma Hill Librarian

Rosella R. Saunders Special Education



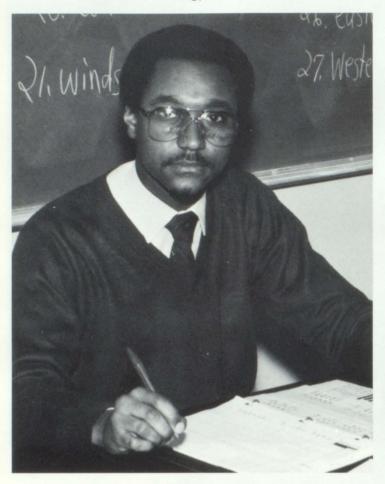


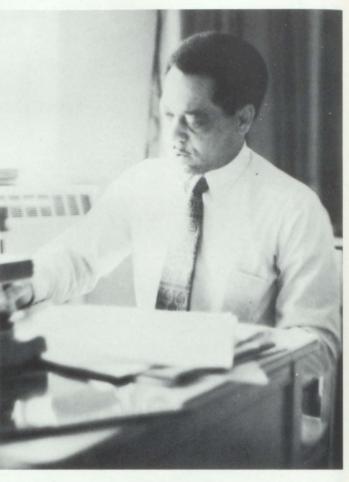


Deborah Ford Art

Gilmer Parker Earth Science Biology







Gretchen Watson Chemistry













Vivian Covington United States History

Debbie MacInnes English



Sylvia Bond English





Charlene Christian English



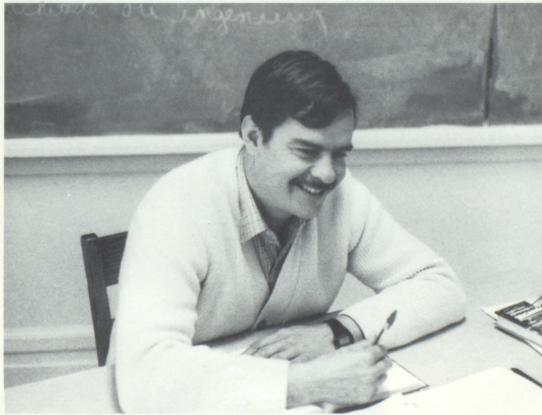
Kay Dunlap English

Bonnie Cavender Spanish









Robert MacTaggart French

And the 1983-84 Homecoming Queen Is . . .

The hustle and bustle of SHS's slice of life continued with the traditional homecoming activities.

Each day different activities were planned which resulted in a tremendous boost in the student morale.

On Monday cheerleaders started making spirit links, which classes chained together and competed for the longest chain. On Friday during the Pep Rally the winner was announced. Although it was a tight race with the fighting seniors, the Juniors won with over 4,000 links. Also on Monday students dressed up for 50's day, Tuesday was backwards day, Wednesday was weird day, and Thursday was Kiddie day. The bif day, Friday, students donned their red and white clothing in support of the team.

The cheerleaders presented hilarious skits and helped cheer the team on to Victory. Their pleas for getting more spirit were answered when the gym began to rock. The Spirits Juniors were announced the winners of the class cheering competition. Afernoons were spent rushing behind school to work on the traditional class floats.

Many long hours of hard work were put into improving each classes "creation."

There was no traditional homecoming parade this year, but nevertheless, the band class attendants, and the floats circled the field during pregame and halftime activities.

The Sophomore float won first place with "Hold That Tiger," and the Seniors placing

second with "Tame the Tigers."
The Juniors came in third with "Tomahawk the Tigers," and lastly the freshmen with "Cage the Tigers."

After being crowned Miss Homecoming, Jewell is escorted off the field by Mr. Hill.

Jewell flashes her dynamic smile as she takes her final ride around the field.



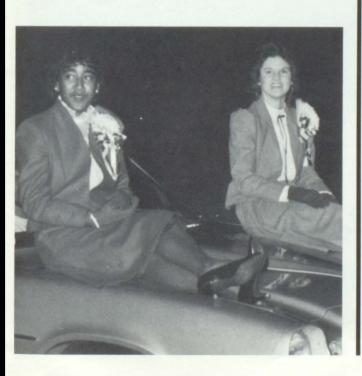


The week before Homecoming eight lucky senior girls were chosen by their classmates to be the Homecoming Princess for 1983-84. It was from these eight that the Homecoming Queen was chosen.

Pictured are 1983-84 Princesses: Pamela Eure, Chicquita Boone, Lisa Outlaw, Amanda Riddick, Jewell Winborne, Nancy Russell, Cassandra Goodman and Connie Harrell.









Girls Basketball



1983-84 Girls Varsity Basketball Team



1983-84 Girls Jr. Varsity Basketball Team

AUTOGRAPH

What a Year!

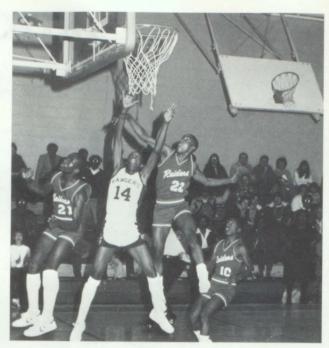
The 1983-84 edition of the Red Raiders suffered through a frustrating season with a 4-17 record. Coming off a district championship the previous season, the Raiders had some new looks for the season. The newest look was that of first year head coach Ed Young, who came to Suffolk after coaching in Pennsylvania. Assistant coach Alan Lowe was in his first year as a coach after graduating from East Carolina University.

The team had no returning starters and only two lettermen, junior Leon Artis and senior Mervis Knight. The rest of the team was made up of players with very little game experience and that lack of experience showed throughout the season as the Raiders lost some close ballgames.

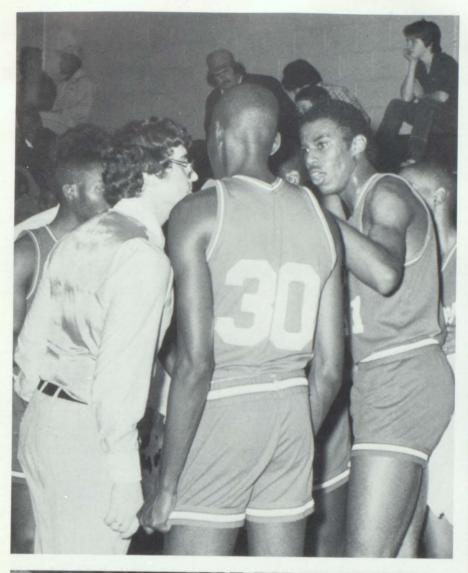
Of the seventeen losses, ten were by seven or less points. "Sixteen of our games went into the final two minutes or less with either team having the chance to win, but our inexperience and lack of togetherness hurt us," noted Coach Young.

Another senior player besides Mervis Knight was: guard, Carlton Bivins. Junior players were guard, Luther White, forward, Rodney Strothers and guard, Alphonsia Boone. The sophomore players were: guard, Barry Williams, forward, Marvin C. Williams and forward, Jay Stotlar. The freshmen were center, Brian Boone, and forward, Marcus Elam.

Strothers was the team leader in rebounds with 222. Barry Williams was the leader in assists with 77 and steals with 80. Brian Boone was tops in block shots with 40. Artis was the team's leading scorer with 353 points.









Brian Boone explains a play to the rest of the team (top picture). Later Luther White speedily brings the ball down the court.



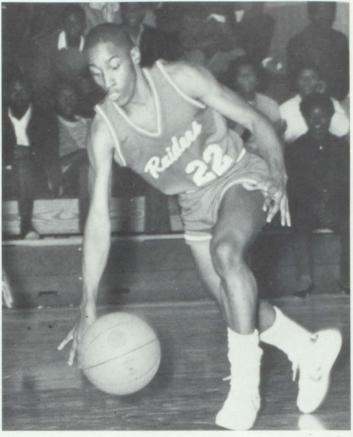


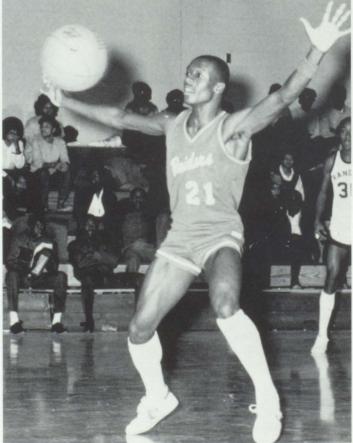
Marvin Williams jumps against a Forest Glen opponent.

Bobby Hardy waits for the SHS Raiders to "set up."

Leon Artis was the second leading scorer in the Tidewater District with an average of 16.8 points per game and was named first team All-Region, Co-Most Valuable Player in the district, first team All-Region and first team All-City. He also made second team All-Suffolk Sun. Rodney Strothers was named the teams' Co-Most Valuable Defensive player along with Carlton Bivins. Both were named second team All-City.









Coach Lowe's Junior Varsity team finished with a 9-9 record. Members of the squad were; Sophomores: Ronald Parker, Jerry Rodgers, Curtis Rouse, Rick Cornett, Illya Boose, Darryl Williams, Travis Mabry, Vernon Powell; Freshmen; Curtis Parker, Tony Green and Deon Artis.

This was the first year Suffolk High had a girl's Junior Varsity squad. The team was coached by Ed Young and they ended their season in a three way tie for first with a 5 and 2 record.

The leading scorers for the J.V. Basketball team were Faye Boone, a sophomore with a total of 40 points, Tracey Eure, a sophomore with a total of 39 points, and Pat Colander, a sophomore with a total of 30 points.

The leading rebounders were Camelia Kee, freshman, with a 70 rebound total, and Pat Colander, sophomore, with a 65 rebound total.

The members of the 1983 Junior Varsity team were Pat Colander, (Sophomore) Tracy Eure (Sophomore) Melissa Parrish, (Sophomore) Yolanda Ricks, (Sophomore) Dameron Johnson (Freshman) Kimberly Johnson, (Freshman) Audrey Demiel, (Freshman) Tracy Hunter, (Freshman) April Ruffin, (Freshman) Adrienne Diggs, (Freshman) Laura Harris, (Freshman) Camelia Kee, (Freshman) and Van Thorton (Freshman).



2 Selected for All-District



1983 Girls Basketball (Varsity)

This year's record was 7 wins and 9 losses. The leading scorers were Teresa McCausley, (Sophomore) average 16 points per game, and Valerie Worley, (Senior) average 10 points per game. The leading rebounders were Ethel Harper, (sophomore) 11 rebounds per game, and Valerie Worley, (senior) 10 rebounds per game, and we were considered as the "tallest team in the district" this year.

Valerie Worley and Teresa McCausley were selected as *All District* Players in the Tidewater district 1983 as well as of other girls from various district schools.

As a team, we finished the 7 and 9 season in 5th place. Linda Porter and Valerie Worley will graduate this year but we have some good talent advancing from our Junior Varsity team.

























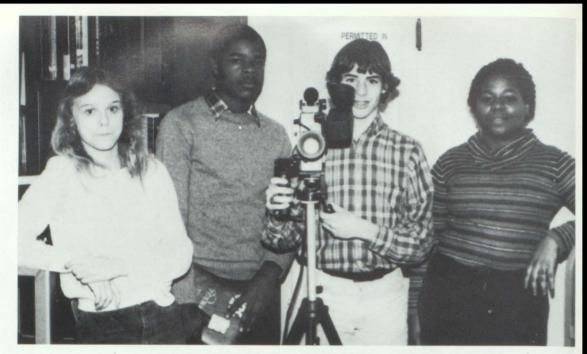


















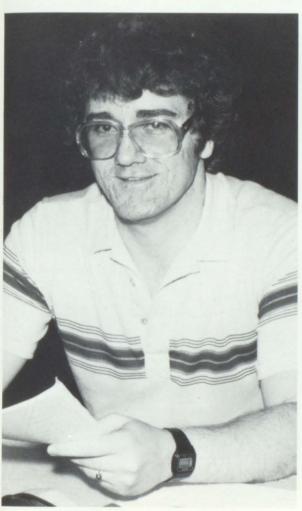
























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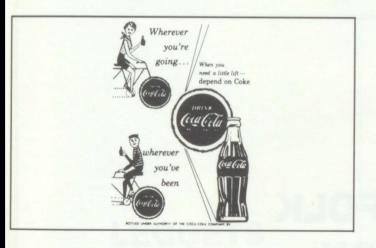
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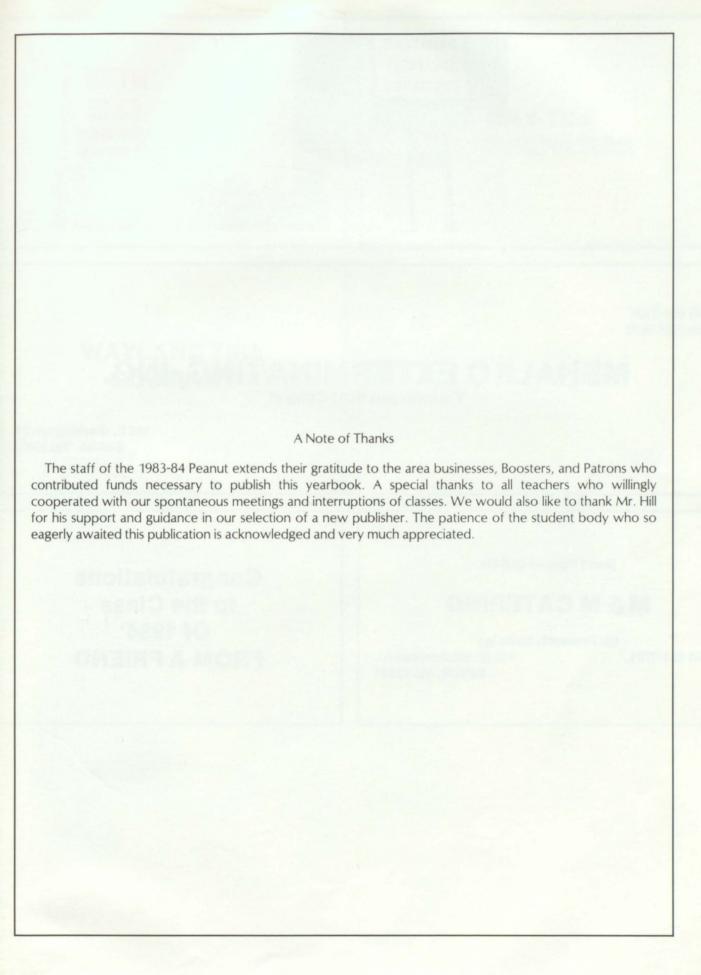
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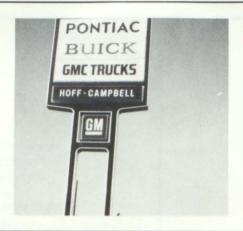
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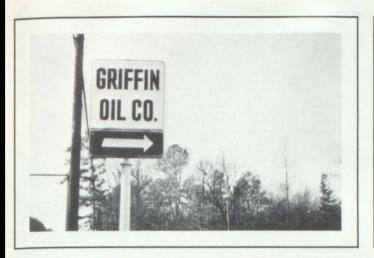
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